

Equation is a charity that works to prevent and reduce the harm caused by domestic abuse and sexual violence in Nottingham City and Nottinghamshire. Working in partnership, we empower our whole community to challenge abuse through healthy relationships education, awareness campaigns, professional training and promoting safety information.

See [equation.org.uk](http://equation.org.uk) for more info

### **Children and Young People (CYP) Team**

Equation have 2 projects for universal provision of healthy relationships education: a primary school project called GREAT (good relationships are equal and trusting); and a secondary school project called Equate.



[www.thegreatproject.org.uk](http://www.thegreatproject.org.uk)

The Great Project runs for 2 hrs at a time over 4 weeks and examines healthy and unhealthy relationships, domestic abuse, reasons and excuses for DA and gender equality.



Equate works with: yr 7's on a 7 week relationships project exploring healthy and unhealthy relationships, leadership skills, teamwork, diversity and intimate relationships; Yr 8's on domestic abuse in young people's relationships and developing a media campaign to raise awareness; yr9's on either personal space or sexting.



We also have targeted projects, called Choices and Know More, that work with small groups of vulnerable young men and women to build self-esteem, regulate emotions, engage with those around them, make choices and understand their rights and responsibilities within relationships. They are run over an 8 sessions and culminate in a creative piece of work such as music, art, graffiti, spoken word to reflect their learning.

Alongside delivery of sessions to children and young people we also offer school staff twilight awareness raising sessions. Initially this is on domestic abuse but we have developed a range of topics for schools including: CSE, Teen abuse, honour based abuse, gender, consent, sexting.

To be able to deliver this work we have a team of freelance facilitators who are trained and supported to deliver any of our projects. Freelancers work on a self-employed basis and are booked for projects when the work is booked in. This year we delivered over 70 Great projects in the city and 25 in the county, Equate delivered to 7 secondary schools in the city and 3 in the county and we delivered 12 targeted projects to small groups. Equation is working to increase these targets over the next few years.